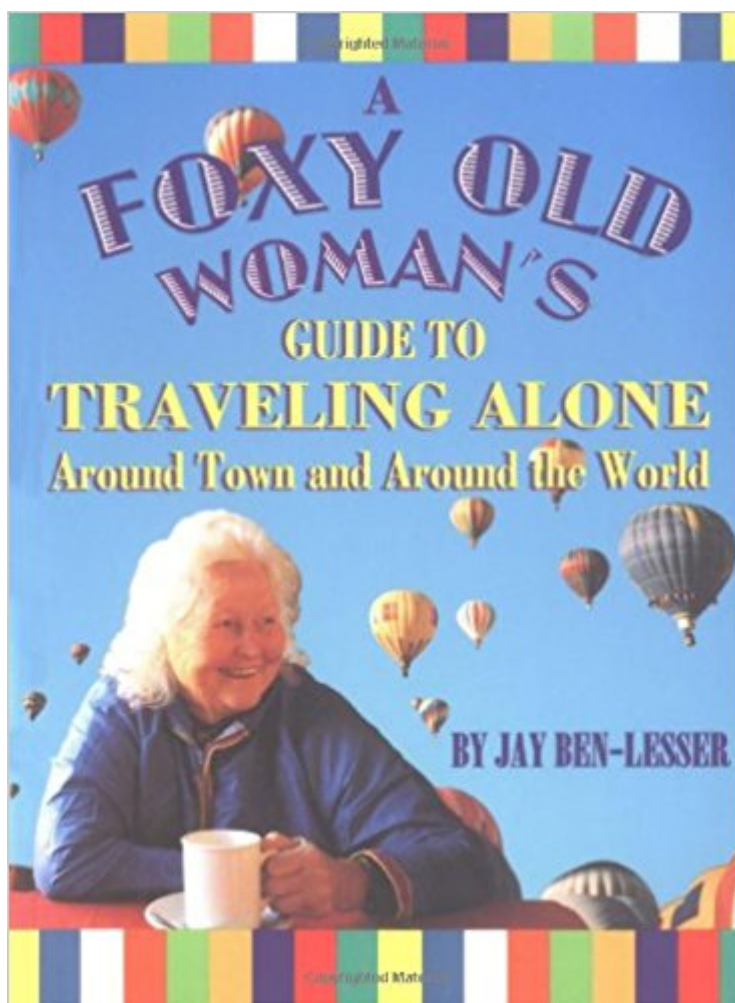


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# A Foxy Old Woman's Guide To Traveling Alone: Around Town And Around The World



## Synopsis

Book by Ben-Lesser, Jay C.

## Book Information

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Paperback: 160 pages

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## Customer Reviews

Ben-Lesser's book is a delightful hoot that will appeal to travelers of all ages, especially women who wish to travel by themselves. The words doughty and indomitable come to mind when you read the common-sense message of the author, a veteran traveler. Women need to gather up their self-esteem (through a series of unique exercises designed by the author) and then hit the road in search of happiness and a new meaning to their lives. Ben-Lesser does indeed cover everything from around the block to around the world; she tells of her travel experience in a fascinating and enjoyable manner. Put on your sensible shoes and get ready for a reading treat!-Joseph L. Carlson, Vandenberg Air Force Base Lib., Cal.Copyright 1995 Reed Business Information, Inc.

It was funny to read how OUTDATED this book (or a thick pamphlet) was.

with everything you need to know about traveling solo, packing light, preplanning for smooth traveling, dressing, budgeting, and security. And, the best news: you don't have to be traveling alone to reap the benefits. This little gem is for all travelers, on your own or otherwise. And, since it is compact and fits easily into a day pack, our copy usually travels with us for that occasional refresher on the travel tips. A favorite that proves that size is not a factor in the quality of information

contained in a book! We've had much larger travel guides that didn't have one half as much to share as A Foxy Old Woman's Guide to Traveling Alone. Happy reading.

TERRIBLE! A WASTE OF MY MONEY! THOUGHT IT WOULD BE HELPFUL FOR THE SINGLE WOMAN TRAVELING, BUT IT WAS RIDICULOUS!

I really enjoy this book. I like how the foxy old woman is not afraid to travel. She and her husband have an understanding and that is how I am with my husband who does not like to travel either. She gives practical tips for traveling and staying safe. It is fun to read.

Cool book so far. She gives practical advice for all kind of travel for ladies who want to travel on their own.

It was a while ago, almost 20 years, that I bought this book. It changed my life. I saw the world in a new way. I was agoraphobic then, in my 20s, struggling to explore the world and find my place in it. This book inspired me and gave me practical advice to find my way. Since then I have visited 20-30 countries, visited India 8 time!, and see myself as a citizen of the world. This is a small book, and probably quite old-fashioned now, but it meant so much to me and I have my copy still, a token of something that inspired me to find wonder and beauty in the places I traveled to; and I found courage in the author's words to take on that journey. More than any other single influence, at that time in my life, this book inspired me to discover what life was like outside of my country and experience life fully. Thank you, Jay xxx

As a young (foxy?) woman who got used to traveling with an adventurous SO and then broke apart from said SO, I've been considering doing some traveling on my own to help prove to myself I can still do it. I ran into Ben-Lesser's little guide at my used bookstore, and it struck just the tone I needed for the moment. Neither too rah-rah-sis-boom-bah everything'll-be-perfect-and-you'll-find-spiritual-oneness-with-yourself-while-you're-traveling-alone-also-great-shopping, nor too dry, the Guide to Traveling Alone takes a low-pressure approach. Ben-Lesser believes what makes travel so appealing is that, when we're not where we usually live (where we're used to only seeing certain things), we have our eyes open to everything, on alert, hyper-aware. She suggests ways that even the most travel-shy person can get that sense of newness--going places in your own town you've never been, alone; going places in other towns;

working up to day trips and overnights, and then, finally, realizing that big dream: international travel. I appreciate this no-judgment approach, where Ben-Lesser makes it clear she considers travel close to home just as worthwhile as travel halfway around the world--as long as it's travel that's made with a desire to learn and experience. I also appreciate her emphasis on the cheap side of travel! My SO introduced me to hostels, and opened up a whole world of (at least a bit more) affordable travel to me, and I'd pick a hostel over a hotel in a heartbeat, these days! This isn't the book for someone who likes the idea of luxury travel, but it's a nice intro to traveling with a close eye on your wallet. The book's from 1995, so some pieces are dated--you no longer need to call, write, or read newspapers to get information on hostels, city events, etc. But the basics haven't changed. Worth reading if you're considering traveling alone for the first time.

I liked this little book, and thought it would be very helpful to the woman to whom it seems to be addressed: a single woman who wants to travel but is afraid to go it alone. My only criticism is that some of the author's travel choices may be a bit too gritty for many of her readers. For example, I've traveled a lot, but I wouldn't consider staying in a bunk room in a youth hostel -- something highly recommended here. The author's premise is valid: go for it! And the early portion of the book aimed at getting women to overcome their fears is probably helpful. I just think few of the older women to whom this book is addressed are likely to sleep in their cars for weeks, or to take up some of the other unusual suggestions made by the author. Nevertheless, for women who want to travel alone and haven't done so yet, I strongly recommend this book. Gigi -- a 55-year-old traveler

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